

# YOU AND YOUR MONEY

## TAKE ACTION

Do you:

- Bury your head in the sand about money?
- Think you don't know enough about money to deal with or talk about it competently?
- Would you take action if you had the support and information to be able to understand and talk about it and know where to start?
- Are you concerned there's a difficult conversation ahead?

For any of these reasons and more you may not be taking the action you need to be in charge of the financial matters in your life. Let You and Your Money help you to

**DECIDE WHAT YOU WANT TO DO  
TAKE ACTION  
STOP WORRYING  
MOVE ON**



Nicola Jones, LLB, MA, the founder of *You and Your Money*, has worked as a solicitor, tax adviser and family business adviser for over 20 years and understands that most issues to do with money begin with communication and can be addressed once you have the right skills and information. How to talk about money and understanding it, therefore, are at the heart of our work. We work with individuals, couples, families or family businesses to identify the skills and overcome the obstacles to communication. The result is effective, long-term decision-making and peace of mind as you know you've done your best. We deliver our services through workshops, individual coaching, consultancy and professional development. **For more information please contact Nicola on 01275 844856 or [nicolajonesgower@googlemail.com](mailto:nicolajonesgower@googlemail.com)**

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(under development)