



Business and Professional Women UK Limited

September - Bristol Group Club Contacts:



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Venue

Hilton Hotel, Aztec West, Bristol



Networking from 6.30pm – meetings start 7.30pm

SAFER BRISTOL invite Business & Professional Women to TAKE ACTION!

15th November 2009 marks the start of 'Violence Against Women' Week in Bristol which seeks to raise awareness of this critical issue that still effects 1 in 4 women (and men) today.

Emily Moreton, Bristol City Council, invited BPW Bristol to join a group of like minded organisations with a view to organising and publicising events being run throughout the Bristol area. Although BPW couldn't attend the inaugural meeting we are delighted to look forward to supporting the initiatives. Other members include Bristol Women's Forum, Avon & Somerset Constabulary, Rape Crisis, Next Link, Novas Scarman, Bristol Feminist Network and Unseen UK to name just a few. Keep your eyes peeled for further information.

Planning 2010 in a 21st Century style!

Due to changes in personal and business priorities we have decided to make our October meeting a 'virtual' one. We still want your ideas and suggestions for future events, so please send them through to Caroline Sparks at caroline@little-monster.co.uk by 30th October.

Ideas / suggestions so far are:

- Bristol Business Women Award
- International Dinner Night
- Young People's Speaking Competition
- Members Directory
- Structured Networking
- Personal/Business Development workshops (Subjects to be decided)
 - Managing Conflicts, Influencing, De-stressing, Mindfulness
 - New Business set-up, Gaining buy-in
- A Bristol Project – eg Safer Bristol initiative, supporting a Women's Refuge

We will collate and publish a draft programme for your approval in November so please take a moment to help us make BPW be what you want it to be.

Our Website Updates!

www.bpwbristol.co.uk

GOOGLE ANALYTICS TELLS US.....

Hits on our website have risen to **575!**

That's over 100 more hits in just 2 months. Visits have been received from many parts of the UK, not just Bristol, and we have also had visits from people in Sri Lanka, Iceland, India and the USA! Visitors spend approx 1minute 35secs looking at an average of 3+ pages with our Events and News pages being the most popular.



South West - Stroke Association invites BPW...

The Stroke Association is holding it's first ever charity Castle 2 Castle Cycling Challenge on Sunday 11 October from between England & Wales from Berkeley Castle to Chepstow Castle, across the old Severn Bridge and has invited BPW members and their families to get involved by either cycling the 22 or 44 mile circular route (!!) or by being marshals on the day. Anyone interested please contact Stephen Chesworth, Regional Fund Manager on stephen.chesworth@stroke.org.uk

Date Change – November Event

Clashing with Guy Fawkes Night and with 2 of the 3 committee members out of the country leading up to the event, it seems sensible to change our **MEMBERS SHOWCASE** evening to 26th November. PLEASE NOTE THE CHANGE IN YOUR DIARIES