



May Newsletter - Bristol Group

**BPW BRISTOL
Welcomes a
NEW MEMBER**

Emma Morris, Personal Trainer, met Sue Holtom at the recent Bristol Women’s Show at Ashton Gate Stadium. She liked what she heard about the organisation and so came along to find out more at the event on 11th May and subsequently joined.



Emma worked in Investment Management in London a few years ago and took the opportunity that redundancy gave her to retrain doing something she really enjoyed and that was personal fitness. She now has her own business based in Clifton and specialises in tailoring her coaching to your fitness level and whatever your goals are.

If you’d like to know more about improving your fitness levels feel free to contact Emma on 07780 600 069 or email her at info@personaltrainer-bristol.com and check out the website www.personaltrainer-bristol.com.

BPW Bristol – Launch of Bristol Business Women’s Awards 2011

Ann Wiseall, BPW UK National President 2005-2009 was the special guest at the launch of these 2011 awards on 11th May at the Hilton Hotel.

Attendees gave input into the number, type and criteria that could apply to the awards and the management team are busy formulating the proposal ready to discuss with likely sponsors.



BPW UK have offered to support the club from the UK Development Fund; Lucy Robinson, Events & Conference Manager at the Hilton Hotel, Aztec West, is offering a prize, plus Jackie Franklin, House of Colour Image Consultant is donating a Make-Over voucher.



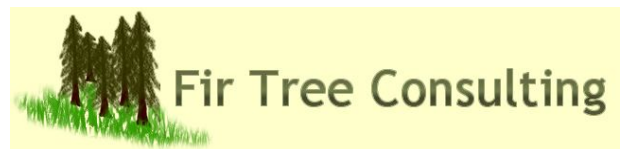
So that’s 3 awards already!!

For more details or if you would like to get involved or sponsor an award please contact Sue Holtom.

BPW’s June Event

“MENTORING – THE RULES OF ENGAGEMENT”

Sue Holtom, Managing Director of Fir Tree Consulting (Bristol) Ltd is passionate in her belief that everyone should have a mentor at some point in their lives and is very happy to share the best practices she has used over the years both as a mentor and a mentee.



www.fir-tree-consulting.co.uk

In a previous role, Sue was the first Head of Department within Lloyds TSB PLC to receive a ‘Recognition of Business Excellence’ award from the European Foundation of Quality Management in which Leadership was her top score.

Sue will be running an interactive workshop on 16th June at the Hilton Hotel. Informal networking in the bar area will run from 6.30pm with the main event starting at 7.30pm. Attendees will be able to take advantage of Sue's wealth of knowledge and experience and come away with a set of tools and techniques to make sure they get the best from this important relationship.

For BPW members this will be a FREE event and guests/non-members will be charged £20. Proceeds will go towards the Bristol Business Women's Awards 2011.

Are you interested in being on TV?

Optomen Television is producing a new series for Channel Four and has approached BPW UK to see if any of our members would like to get involved.

The series follows retail guru and television presenter Mary Portas, Queen of Shops, as she launches her own fashion and cosmetics range aimed at women over forty, and tries to convince her own industry that getting older doesn't constitute a crime against fashion.



It's an issue that Mary feels really passionate about and for her it's a very personal fight. Mary is turning 50 this year but feels like women in their forties, fifties and beyond are completely underserved on the High Street. It's a fight ripe for plenty of discussion and debate as Mary touches on bigger issues surrounding age and sexuality.

The cameras will be with Mary as she embarks on her exciting new venture – launching her own store and collaborating with some of Britain's best-loved brands to develop fabulous and fashionable ranges for the forty plus woman.

Before Mary realises her vision she'll be carrying out a series of experiments to establish what her target customer really wants – using a group of real women to help her understand what her collections can offer that others don't. And this is where I think **Business and Professional Women UK** come in. I'm wondering if there's any way you could get the word out to your members about becoming part of Mary's focus group? It would be great if you could put the

word out as we're looking for the women that will be part of the focus group now.

So..... if you are interested contact

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BPW Bristol Club Contacts:



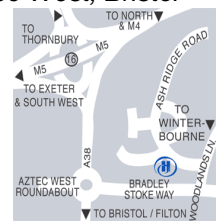
1. Sylvia Perry, perrysg@talktalk.net 0117 9571446
2. Sue Holtom, sue.holtom@bpwbristol.co.uk 0117 932 4377 and 07710 835396
3. Jackie Franklin
jackie.franklin@houseofcolour.co.uk
0793 0884015

Evening Venue

Hilton Hotel, Aztec West, Bristol



Hilton



Networking from 6.30pm – meetings start 7.30pm



Coffee & Connection meetings

NEXT DATES :

06.06.2010 – WHITCHURCH

CHECK THE WEBSITE FOR MORE DETAILS

www.bpwbristol.co.uk